



PATIENT INFORMATION

Patient Name: _____ Date of Birth: _____
Gender: Male Female S.S. # (for VA patients ONLY): _____
Street Address: _____
City: _____ State: _____ Zip: _____
Cell Phone #: _____ Home Phone #: _____
Email: _____
How did you hear about our office? _____

EMERGENCY CONTACT

Emergency Contact Name: _____
Phone #: _____ Relationship: _____

PRIMARY CARE PROVIDER INFORMATION

Primary Care Physician: _____ Phone: _____
Do we have your permission to contact your physician regarding your care in our office? No Yes

OFFICE POLICY

(Initial) Please be on time for your scheduled appointment(s). Being late or last-minute cancellations will cause scheduling disruptions, which interfere with the quality of care you and other patients receive. If you are unable to keep your **Examination, BioTE or Functional Medicine/Primary Care** appointment time, we require 24-hour notice. The fee for cancelled or no-show appointments is \$75.

(Initial) We accept the following forms of payment: Cash, Check, Visa, MasterCard, Discover, Amex and CareCredit. Your timely payment allows us to provide services. For convenience, our office will collect at the time services are rendered or charge your credit card on file, unless other arrangements are made.

(Initial) Revived Mobility LLC (DBA: Hybrid Health Center) provides services that may not be covered by insurance plans. We will verify individual insurance benefits; however, the patient is always responsible for payment of their care. Please understand that your insurance contract is between you and your insurance company. If there are any problems between you and your insurance company, you may file a grievance directly with your insurance company.

(Initial) **ASSIGNMENT OF BENEFITS (AOB):** Your signature below assigns assignment to this office for the collection of benefits and authorizes Revived Mobility LLC (DBA: Hybrid Health Center) to release daily chart notes or any information deemed appropriate and necessary for the processing of claims for reimbursement of charges incurred (medical supplies, services, and/or medications). I authorize Revived Mobility LLC (DBA: Hybrid Health Center) to contact me by telephone or mail regarding medical supplies and/or medication(s) ordered.

Your signature authorizes that you understand the above office policy, assignment of benefits and agreement to pay all amounts that are not covered by your insurer(s), including applicable co-payments and/or deductibles, for which you are responsible for.

Patient Signature: _____

Date: _____



ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES / USE AND DISCLOSURE FORM

Our Notice of Privacy Practices provides information about how we may use and disclose protected health information (PHI) about you. We provide this form to comply with the Health Insurance Portability and Accountability Act (HIPAA). If terms of our Notice change, a revised copy will be made available to you.

By signing this form, you acknowledge that our practice may use and disclose PHI about you for treatment, payment and healthcare operations. You have the right to request that we restrict how PHI about you is used or disclosed for treatment, payment, or healthcare operations.

Signature of Patient or Legal Representative

Date

Printed Name of Patient

Legal Relationship to the Patient (if required)

We cannot discuss your health information with anyone other than yourself unless you authorize us to do so. Please list below names of the individuals you authorize our office to discuss care with.

I give you permission to share my health information with:

1. Name: _____ Relationship: _____ Phone: _____
2. Name: _____ Relationship: _____ Phone: _____

Consent to email or text for appointment reminders and other healthcare communications.

If you approve, we may contact you via email and/or text messaging to remind you of an appointment or provide general health reminders or information. I understand that once I have consented to receive communications via text or email, I still have the right to revoke the consent at any time.

The cell phone number I authorize to receive text messaging for appointment reminders and general health information is:

_____. Please initial _____.

The email address that I authorize to receive email messages for appointment reminders and general health information is:

_____. Please initial _____.

OR

___ I decline to receive communications via **text**.

___ I decline to receive communications via **email**.

Revocation – Use this area to document revocation of a previous form of communication.

___ I hereby revoke my request to receive future appointment reminders or healthcare updates via text.

___ I hereby revoke my request to receive future appointment reminders or healthcare updates via email.

Patient Signature: _____ Date: _____

Reminder – Keep information to the minimum necessary and encrypt emails and texts whenever possible

HIPAA Acknowledgement of Receipt of the Notice of Privacy Practices
This form does not constitute legal advice and covers only federal, not state law.



Patient Name: _____ Date of Birth: _____

MEDICAL HISTORY

ALLERGIES:

| Name (latex, medications, food, etc.): | Reaction & Symptom: |
|--|---------------------|
| Latex | |
| Iodine | |
| Lidocaine | |
| | |
| | |
| | |

MEDICATION & VITAMINS:

| Name: | Dosage (amount/daily): |
|--------------------------|------------------------|
| Medication List Attached | |
| | |
| | |
| | |
| | |
| | |

PAST MEDICAL & FAMILY HISTORY: For the conditions listed, check YES or NO if **you** or **anyone in your family (father, mother, or siblings)** has been affected, then write the relationship of the relative with the condition/disease on the adjacent space.

| YES | NO | Condition | Relationship |
|-----|----|-----------------------------|--------------|
| | | Alcoholism | |
| | | Arthritis | |
| | | Asthma | |
| | | Auto Immune Disease | |
| | | Bleeding Disorders | |
| | | Blood Clot | |
| | | Cancer & Type: | |
| | | Circulation Problems | |
| | | Chronic Pain | |
| | | Depression / Anxiety | |
| | | Diabetes – Type 1 or Type 2 | |
| | | Glaucoma / Eye Disease | |
| | | Heart Disease | |
| | | Hemochromatosis | |
| | | High Blood Pressure | |
| | | High Cholesterol | |

| YES | NO | Condition | Relationship |
|-----|----|------------------------------------|--------------|
| | | HIV or any type of Hepatitis | |
| | | Irregular Heartbeat | |
| | | Kidney Disease | |
| | | Liver Disease | |
| | | Low Blood Pressure | |
| | | Lung Disease (<i>not asthma</i>) | |
| | | Mechanical Injury | |
| | | Mental Illness | |
| | | Migraines | |
| | | Osteoporosis | |
| | | Psychiatric Disorder | |
| | | Seizures/Epilepsy | |
| | | Sleep Apnea | |
| | | Skin Disorders | |
| | | Stroke and/or Heart Attack | |
| | | Thyroid Disease | |

Date of Last Physical: _____ Normal Abnormal

SURGICAL HISTORY:

| Operation Type | Date |
|---------------------|------|
| Bowel: | |
| Appendix Removal | |
| Gallbladder Removal | |
| Lung: | |

| Operation Type | Date |
|----------------|------|
| Heart: | |
| Orthopedic: | |
| Eye: | |
| Other: | |

Please list all additional medical providers & approximate date of last visit:

Family / Primary Care: _____

Orthopedic (bones & joints): _____

Physical Therapy: _____

Other Specialists (*Acupuncture, Chiropractor, Cardiologist, OBGYN, etc*): _____

SOCIAL HISTORY

Marital Status: Single Married Divorced Widowed Other

Employment Status: Employed Self-Employed Unemployed Retired Other: _____

Occupation: _____ **Employer:** _____

WHICH SUBSTANCES DO YOU CONSUME:

| | |
|-----------------------------|---|
| Cigarettes: | <input type="checkbox"/> No <input type="checkbox"/> Yes - amount per day: |
| Former Smoker: | <input type="checkbox"/> No <input type="checkbox"/> Yes - Age started: _____ Age quit: _____ |
| eCigs or Vaporizers: | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Tobacco/Dip/Chew: | <input type="checkbox"/> No <input type="checkbox"/> Yes - how often: |
| Alcohol: | <input type="checkbox"/> No <input type="checkbox"/> Yes - Amount/how often: |
| Caffeine: | <input type="checkbox"/> No <input type="checkbox"/> Yes - Amount/how often: |

EXERCISE:

Type: Aerobic Weights Walking Swimming Bicycling Running Other:

Frequency: none 1/week 2/week 3/week 4/week 5/week

CARDIO-METABOLIC ASSESSMENT TEST (CMAT)

Do you have the following (if you answer YES to the following, skip the SYMPTOMS section):

| YES | NO | Condition | YES | NO | Condition |
|-----|----|--|-----|----|--|
| | | Undergoing external defibrillation | | | Absence of 2 or more limbs |
| | | Implant pacemaker or cardiac device or insulin pump | | | Arterial catheters on arm or leg or an arteriovenous (AV) fistula or shunt |
| | | Dermatologic lesions or calluses (bottom of feet) in contact with electrodes | | | Bilateral mastectomy |

SYMPTOMS Please check the symptoms you have experience within the last 6-months or today:

| 6 Months | Today | Symptom | 6 Months | Today | Symptom |
|----------|-------|------------------------------|----------|-------|----------------------------|
| | | Headaches | | | Bowel or bladder problems |
| | | Fatigue | | | Skin, hair or nail changes |
| | | Chest Pain | | | Burning sensations |
| | | Shortness of breath | | | Digestive problems |
| | | Heat intolerance | | | Pain |
| | | Exercise intolerance | | | Lightheadedness |
| | | Fainting or passing out | | | Dizziness |
| | | Muscle weakness or paralysis | | | Numbness and tingling |
| | | lack of concentration | | | Rapid heart beat |

Patient Signature: _____

Date: _____



Patient Name: _____

Date: _____

MEDICAL CONDITION HISTORY –FEMALE ONLY

PERRINENT MEDICAL / SURGICAL HISTORY:

| | | |
|---|---|--|
| <input type="checkbox"/> Acne | <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> Breast pain |
| <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Epilepsy or seizures | <input type="checkbox"/> Excess Facial/body Hair |
| <input type="checkbox"/> Fibrocystic breasts | <input type="checkbox"/> Hair Thinning / Hair Loss | <input type="checkbox"/> Heavy periods |
| <input type="checkbox"/> Hysterectomy with removal of ovaries | <input type="checkbox"/> Hysterectomy (partial - uterus only) | <input type="checkbox"/> Infertility |
| <input type="checkbox"/> Irregular periods | <input type="checkbox"/> Oophorectomy (removal of ovaries only) | <input type="checkbox"/> Ovarian Cancer |
| <input type="checkbox"/> PCOS (Polycystic Ovarian Syndrome) | <input type="checkbox"/> Uterine Cancer | <input type="checkbox"/> Uterine Fibroids |

GYNECOLOGIC HISTORY:

| | | |
|---|--|---|
| Date of last mammogram: | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal | |
| Date of last pap smear: | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal | Have you ever had an abnormal pap? <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Date of last bone density: | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal | |
| Date of last colonoscopy: | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal | |
| Are you sexually active? | <input type="checkbox"/> No <input type="checkbox"/> Yes | |
| Are you currently using birth control? | <input type="checkbox"/> No <input type="checkbox"/> Yes: what type: | Are you satisfied with it: <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Have you completed your family? | <input type="checkbox"/> No <input type="checkbox"/> Yes | |
| Have you ever been treated for an STD? | <input type="checkbox"/> No <input type="checkbox"/> Yes: what type: | |
| Are you currently on Hormone Replacement Therapy (HRT)? | <input type="checkbox"/> No <input type="checkbox"/> Yes: what type: | |
| List any past HRT: | | |

MENSTRUAL CYCLE HISTORY:

| |
|--|
| Age of first cycle: |
| Date of last cycle: |
| Number of days in between periods: |
| Length of periods (number of days bleeding): |
| Any recent changes in periods: |

PREGNANCY HISTORY:

| | | |
|----------------------------------|--------------------------|--------------------|
| Total times pregnant: | # of vaginal deliveries: | # of miscarriages: |
| # of c-sections: | # of tubal pregnancies: | # of abortions: |
| Describe any pregnancy problems: | | |

Patient Signature: _____

Date: _____



FEMALE HEALTH ASSESSMENT

Patient Name: _____

Date: _____

Which of the following symptoms apply to you currently (in the last 2 weeks)? Please mark the appropriate box for each symptom. For symptoms that do not currently apply or no longer apply, mark “none”.

| SYMPTOMS | NONE (0) | MILD (1) | MODERATE (2) | SEVERE (3) | VERY SEVERE (4) |
|---|-------------|-------------|-----------------|---------------|--------------------|
| Physical Exhaustion (fatigue, lack of memory, energy, stamina or motivation) | | | | | |
| Sleep problems (difficulty falling asleep or sleeping through the night) | | | | | |
| Irritability (mood swings, feeling aggressive, anger easily) | | | | | |
| Anxiety (feeling overwhelmed, feeling panicky, or feeling nervous) | | | | | |
| Decline in drive or interest (loss of “zest for life,” feeling down or sad) | | | | | |
| Joint and muscular symptoms (poor recovery after workout, inability to add muscle, joint pain, muscle weakness) | | | | | |
| Difficulties with memory (concentration, finding the right word, or retaining information) | | | | | |
| Vaginal dryness or difficulty with sexual intercourse | | | | | |
| Sexual problems (change in desire, activity, orgasm and/or satisfaction) | | | | | |
| Sweating (night sweats or increased episodes of sweating) | | | | | |
| Hot flashes (burst that starts in the chest and lasts for short duration) | | | | | |
| Hair loss, thinning or change in texture of hair | | | | | |
| Feeling cold all the time, having cold hands and feet | | | | | |
| Headaches or migraines (increase in frequency or intensity) | | | | | |
| Weight (difficulty losing weight despite diet/exercise) | | | | | |
| Bladder problems (difficulty in urinating, increased need to urinate, incontinence) | | | | | |

TOTAL SCORE: _____